Classes and Events - McLaren Central Michigan

Free Balance Screenings

Location:

McLaren Wellness Central 2600 Three Leaves Dr. Mt. Pleasant, MI 48858

Category: Class, Program or Seminar, Screening

Date: Ongoing

Time: 9:00 AM - 4:00 PM

Contact: Call (989) 779-5604 to schedule an appointment



New Tomorrows - Eight Week Grief Education Series

Location:

McLaren Central Michigan 1221 South Dr. Mt. Pleasant, MI 48858

Category:

Date: Ongoing

Time: 9:30 - 11:30 am

Contact: Call (989) 233-4613 to register.



Joint Replacement: The next step.

Location:

McLaren Wellness Central 2600 Three Leaves Dr. Mt. Pleasant, MI 48858 Category: Class, Program or Seminar

Date:

Thursday, May 09, 2019 **Time:** 1:30 - 4:30 PM

Contact: Register with Joint Replacement Coordinator Beth Nesitt, RN (989) 779-

5651.



Stroke Support Group

Location:

McLaren Central Michigan

1221 South Drive

Mt. Pleasant, MI 48858

Category: Class, Program or Seminar, Support Group

Date:

Monday, May 13, 2019 **Time:** 3:00 - 4:30 PM

Contact: Register with McLaren Central Michigan Rehabilitation Services at (989)

779-5604.



Breastfeeding Class

Location:

McLaren Central Michigan Conference Room E 1221 South Drive

Mt. Pleasant, MI 48858

Category: Childbirth Education, Class, Program or Seminar

Date:

Tuesday, May 14, 2019 **Time:** 6:00 - 8:00 PM

Contact: Health Promotions at (989) 779-5606 if you have questions.

Huntington's Disease Support Group

Location:

Coldwell Banker-Mt. Pleasant Reality

304 E. Broadway

Mt. Pleasant, MI 48858

Category: Class, Program or Seminar, Support Group

Date:

Tuesday, May 14, 2019

Time: 7:00 PM

Contact: Ann Voss (989) 561-5023 or Gaylen Voss (989) 245-5725



Parkinson's Support Group

Location:

McLaren Central Michigan Rehabilitation Services Mt. Pleasant, MI 48858

Category: Class, Program or Seminar, Support Group

Date:

Tuesday, May 21, 2019 **Time:** 4:00 - 5:00 PM

Contact: Register with McLaren Central Michigan Rehabilitation Services at (989)

779-5604.



What is the latest news on the treatment of Polycystic Ovary Syndrome

Location:

McLaren Central Michigan FDJ Conference Room 1221 South Drive

Mt. Pleasant, MI 48858

Category: Class, Program or Seminar

Date:

Tuesday, May 21, 2019 **Time:** 6:00 - 7:00 PM

Contact: Call (989) 779-5606 to register.



Caregivers Support Group

Location:

Isabella County Commission on Aging 2200 S. Lincoln Rd.
Mt. Pleasant, MI 48858

Category: Class, Program or Seminar, Support Group

Date:

Tuesday, May 21, 2019

Time: 6:30 PM

Contact: Ann Kowaleski (989) 772-0748



Joint Replacement: The next step.

Location:

McLaren Wellness Central 2600 Three Leaves Dr. Mt. Pleasant, MI 48858

Category: Class, Program or Seminar

Date:

Thursday, May 23, 2019 **Time:** 1:30 - 4:30 PM

Contact: Register with Joint Replacement Coordinator Beth Nesitt, RN (989) 779-

5651.



Nancy Carey Support Group (for women who have or have had cancer)

Location:

Canterbury East Apartments Office/Community Room

1517 Canterbury Trail Mt. Pleasant, MI 48858

Category: Class, Program or Seminar, Support Group

Date:

Wednesday, May 29, 2019

Time: 7:00 PM

Contact: Gisela Moffitt (989) 772-1602

Symptoms & Treatment of Progressive Vision Loss

Location:

Isabella County Commission on Aging 2200 S. Lincoln Rd. Mt. Pleasant. MI 48858

Category: Class, Program or Seminar

Date:

Monday, June 03, 2019 **Time:** 12:45 - 2:00 pm

Contact: Call (989) 779-5606 to register.

Prepared Childbirth - June 4 & 11

Location:

McLaren Central Michigan Conference Room E 1221 South Drive Mt. Pleasant, MI 48858

Category: Childbirth Education, Class, Program or Seminar

Date:

Tuesday, June 04, 2019 **Time:** 6:00 - 9:00 PM

Contact: Health Promotions at (989) 779-5606 if you have questions.

Compassionate Friends (grief support after death of a child)

Location:

St. John's Episcopal Church 206 W. Maple St.

Mt. Pleasant, MI 48858 **Category:** Support Group

Date:

Tuesday, June 04, 2019 Time: 7:00 - 9:00 PM

Contact: Donna Mayes (989) 330-2255

Bipolar Support Group

Location:

McLaren Central Michigan LAJ Conference Room 1221 South Drive Mt. Pleasant, MI 48858

Category: Class, Program or Seminar, Support Group

Date:

Wednesday, June 05, 2019

Time: 5:30 PM

Contact: Marsha MacNiell (989) 772-6263

"Thursday Connections" (Caregivers Support Group)

Location:

Isabella County Commission on Aging 2200 S. Lincoln Rd.

Mt. Pleasant, MI 48858

Category: Class, Program or Seminar, Support Group

Date:

Thursday, June 06, 2019

Time: 12:30 PM

Contact: Ann Kowaleski (989) 772-0748



Joint Replacement: The next step.

Location:

McLaren Wellness Central 2600 Three Leaves Dr. Mt. Pleasant, MI 48858

Category: Class, Program or Seminar

Date:

Thursday, June 06, 2019 **Time:** 1:30 - 4:30 PM

Contact: Register with Joint Replacement Coordinator Beth Nesitt, RN (989)

779-5651.



Stroke Support Group

Location:

McLaren Central Michigan 1221 South Drive Mt. Pleasant, MI 48858

Category: Class, Program or Seminar, Support Group

Date:

Monday, June 10, 2019 **Time:** 3:00 - 4:30 PM

Contact: Register with McLaren Central Michigan Rehabilitation Services at

(989) 779-5604.



Huntington's Disease Support Group

Location:

Coldwell Banker-Mt. Pleasant Reality

304 E. Broadway

Mt. Pleasant, MI 48858

Category: Class, Program or Seminar, Support Group

Date:

Tuesday, June 11, 2019

Time: 7:00 PM

Contact: Ann Voss (989) 561-5023 or Gaylen Voss (989) 245-5725

Multiple Sclerosis Support Group

Location:

Immanuel Lutheran Church 320 S. Bradley Mt. Pleasant, MI 48858 Category: Support Group

Date:

Saturday, June 15, 2019 **Time:** 10:30 AM - 12:00 PM

Contact: Cathy Zuker (989) 866-2682

Parkinson's Support Group

Location:

McLaren Central Michigan Rehabilitation Services Mt. Pleasant, MI 48858

Category: Class, Program or Seminar, Support Group

Date:

Tuesday, June 18, 2019 Time: 4:00 - 5:00 PM

Contact: Register with McLaren Central Michigan Rehabilitation Services at

(989) 779-5604.

Caregivers Support Group

Location:

Isabella County Commission on Aging

2200 S. Lincoln Rd. Mt. Pleasant, MI 48858

Category: Class, Program or Seminar, Support Group

Date:

Tuesday, June 18, 2019

Time: 6:30 PM

Contact: Ann Kowaleski (989) 772-0748



Community Cholesterol Screening

Location:

McLaren Central Michigan 1221 South Drive Mt. Pleasant, MI 48858

Category: Class, Program or Seminar, Screening

Date:

Wednesday, June 19, 2019 **Time:** 7:00 - 10:00 AM

Contact: Health Promotions at (989) 779-5606 for more information.



Joint Replacement: The next step.

Location:

McLaren Wellness Central 2600 Three Leaves Dr. Mt. Pleasant, MI 48858

Category: Class, Program or Seminar

Date:

Thursday, June 20, 2019 Time: 1:30 - 4:30 PM

Contact: Register with Joint Replacement Coordinator Beth Nesitt, RN (989)

779-5651.

Nancy Carey Support Group (for women who have or have had cancer)

Location:

Canterbury East Apartments Office/Community Room 1517 Canterbury Trail Mt. Pleasant. MI 48858

Category: Class, Program or Seminar, Support Group

Date:

Wednesday, June 26, 2019

Time: 7:00 PM

Contact: Gisela Moffitt (989) 772-1602

Explore Treatment Options for Knee & Hip Arthritis with Dr. Charles Lilly

Location:

Isabella County Commission on Aging 2200 S. Lincoln Rd. Mt. Pleasant, MI 48858

Category: Class, Program or Seminar

Date:

Friday, June 28, 2019

Time: 10:00 AM - 11:00 AM

Contact: Call (989) 779-5606 to register.

Compassionate Friends (grief support after death of a child)

Location:

St. John's Episcopal Church

206 W. Maple St.

Mt. Pleasant, MI 48858

Category: Support Group

Date:

Tuesday, July 02, 2019 Time: 7:00 - 9:00 PM

Contact: Donna Mayes (989) 330-2255

Joint Replacement: The next step.

Location:

McLaren Wellness Central 2600 Three Leaves Dr. Mt. Pleasant, MI 48858

Category: Class, Program or Seminar

Date:

Wednesday, July 03, 2019

Time: 1:30 - 4:30 PM

Contact: Register with Joint Replacement Coordinator Beth Nesitt, RN (989)

779-5651.

Bipolar Support Group

Location:

McLaren Central Michigan LAJ Conference Room 1221 South Drive

Mt. Pleasant, MI 48858

Category: Class, Program or Seminar, Support Group

Date:

Wednesday, July 03, 2019

Time: 5:30 PM

Contact: Marsha MacNiell (989) 772-6263

Stroke Support Group

Location:

McLaren Central Michigan 1221 South Drive

Mt. Pleasant, MI 48858

Category: Class, Program or Seminar, Support Group

Date:

Monday, July 08, 2019 **Time:** 3:00 - 4:30 PM

Contact: Register with McLaren Central Michigan Rehabilitation Services at

(989) 779-5604.

Parkinson's Support Group

Location:

McLaren Central Michigan Rehabilitation Services Mt. Pleasant. MI 48858

Category: Class, Program or Seminar, Support Group

Date:

Tuesday, July 16, 2019 Time: 4:00 - 5:00 PM

Contact: Register with McLaren Central Michigan Rehabilitation Services at

(989) 779-5604.

Caregivers Support Group

Location:

Isabella County Commission on Aging 2200 S. Lincoln Rd. Mt. Pleasant, MI 48858

Category: Class, Program or Seminar, Support Group

Date:

Tuesday, July 16, 2019

Time: 6:30 PM

Contact: Ann Kowaleski (989) 772-0748

Community Cholesterol Screening

Location:

McLaren Central Michigan 1221 South Drive Mt. Pleasant, MI 48858

Category: Class, Program or Seminar, Screening

Date:

Wednesday, July 17, 2019 **Time:** 7:00 - 10:00 AM

Contact: Health Promotions at (989) 779-5606 for more information.

Multiple Sclerosis Support Group

Location:

Immanuel Lutheran Church 320 S. Bradley Mt. Pleasant, MI 48858 Category: Support Group

Date:

Saturday, July 20, 2019 **Time:** 10:30 AM - 12:00 PM

Contact: Cathy Zuker (989) 866-2682

Nancy Carey Support Group (for women who have or have had cancer)

Location:

Canterbury East Apartments Office/Community Room 1517 Canterbury Trail Mt. Pleasant, MI 48858

Category: Class, Program or Seminar, Support Group

Date:

Wednesday, July 31, 2019

Time: 7:00 PM

Contact: Gisela Moffitt (989) 772-1602



Joint Replacement: The next step.

Location:

McLaren Wellness Central 2600 Three Leaves Dr. Mt. Pleasant, MI 48858

Category: Class, Program or Seminar

Date:

Thursday, August 01, 2019

Time: 1:30 - 4:30 PM

Contact: Register with Joint Replacement Coordinator Beth Nesitt, RN (989)

779-5651.



Prepared Childbirth - Aug. 6 & 13

Location:

McLaren Central Michigan Conference Room E 1221 South Drive

Mt. Pleasant, MI 48858

Category: Childbirth Education, Class, Program or Seminar

Date:

Tuesday, August 06, 2019 Time: 6:00 - 9:00 PM

Contact: Health Promotions at (989) 779-5606 if you have questions.



Joint Replacement: The next step.

Location:

McLaren Wellness Central 2600 Three Leaves Dr. Mt. Pleasant, MI 48858

Category: Class, Program or Seminar

Date:

Thursday, August 15, 2019

Time: 1:30 - 4:30 PM

Contact: Register with Joint Replacement Coordinator Beth Nesitt, RN (989)

779-5651.



Joint Replacement: The next step.

Location:

McLaren Wellness Central 2600 Three Leaves Dr. Mt. Pleasant, MI 48858

Category: Class, Program or Seminar

Date:

Thursday, August 29, 2019

Time: 1:30 - 4:30 PM

Contact: Register with Joint Replacement Coordinator Beth Nesitt, RN (989)

779-5651.